

# FUN FACTS ABOUT THE MONTH OF JANUARY

## JANUARY BIRTH MONTH

- Birthstone is the Garnet
- Flower is the Carnation or the Snowdrop
- Zodiac signs are Capricorn & Aquarius

## SPECIAL DAYS IN JANUARY 2026

- **Thursday, January 1st: New Year's Day**
- Friday, January 2nd: National Science Fiction Day
- Thursday, January 8th: National Career Coach Day
- Friday, January 16th: National Nothing Day
- **Monday, January 19th: Martin Luther King, Jr. Day**
- Saturday, January 31st: National Hot Chocolate Day

## WAYS TO HONOR IN JANUARY

- National Eye Care Month
- National Mentoring Month
- National Braille Literacy Month
- National Blood Donor Month

## THE MONTH OF JANUARY IN HISTORY

- January 1, 1776: George Washington unveils the first national flag of America, the "Grand Union Flag"
- January 1, 1863: Abraham Lincoln signs the Emancipation Proclamation
- January 4, 1896: Utah becomes the 45th state
- January 12, 1991: Congress authorizes President George Bush to use military force against Iraq
- January 14, 1952: NBC's "Today" show premieres
- January 15, 1967: First Super Bowl is played
- January 16, 1920: United States Prohibition begins
- January 23, 1849: Elizabeth Blackwell is awarded her MD, becoming America's first female doctor
- January 24, 1848: Gold is discovered in California
- January 25, 1949: The first Emmy Awards are held and hosted by Walter O'Keefe



## DID YOU KNOW?

- The first New Year's celebration dates back 4,000 years.
- 43% of Americans make New Year's Resolutions; half of them are to exercise more.
- The New Year's Eve Ball in Times Square was a result of a ban on fireworks and was first illuminated in 1907. Now 12 feet in diameter featuring 2,688 Waterford crystals and weighing 11,875 pounds.
- 1.5 tons of confetti are dropped in Times Square.
- 360+ million glasses of sparkling wine are drunk each New Year's Eve

## WHAT'S IN SEASON?

Cauliflower	Broccoli
Beets	Brussel Sprouts
Cabbage	Kale
Grapefruit	Oranges
Pomegranate	Kiwi
and more...	

*Celebrate what you want to see more of.* — TOM PETERS



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